

PSYCH-K Basic Workshop

In the space of a 2-Day experiential workshop, Certified PSYCH-K® Instructor Rosemarie Pletzer will teach you how to tap into your inner wisdom in order to quickly and easily change long-held sabotaging beliefs. This course will teach you everything you need to know to help yourself, your family, or your friends make significant changes in their lives.

What You Will Learn

- The basic science behind the PSYCH-K® process
- The key characteristics of the conscious, subconscious, and superconscious mind
- The muscle testing procedure (kinesiology) to communicate with the subconscious
- Powerful sensory-based tools to clarify your beliefs and goals and to accelerate change
- Processes to identify and change negative and self-sabotaging beliefs into positive, life-enhancing beliefs at the subconscious level
- Ways to create your own personalized belief statements to meet your life challenges
- An expanded idea of what you can change, heal, and create in your life through your own innate wisdom
- 75 Belief statements in the area of personal power, self-esteem, relationships, prosperity, spirituality, health, and grief from loss.
- Belief statements related to Robert William's innovative view of Nature's Consultancy
- Process to release and transform stress and trauma
- How to apply PSYCH-K® in Your Life, Principals for Change, and More!

Rewriting “old tapes” in your subconscious that keep you stuck and:

- Discover beliefs that can help you to deeply appreciate and accept yourself
- Create beliefs that support you in having healthy, loving relationships
- Replace old attitudes about money and increasing your aptitude for prosperity
- Reduce “emotional stress” and programming your body-mind for optimal health and vitality
- Release subconscious resistance to experiencing your connection with Divinity
- Increase your self-confidence and willingness to take positive and decisive action in your life
- Resolve painful memories and finding greater peace and happiness
- Learn to use PSYCH-K® to open up possibilities in any area of your life

Included In Your Tuition

- Step-by-Step Instructional Folder and Key Information
- Certificate of Completion - 14 Hours of Instruction
- Use of the PSYCH-K Falcon Logo, Facilitator's Brochure, and Join the PSYCH-K Community

Tuition and Specials

Tuition is \$800.00

If coming with one or more people the tuition per person is \$700.00 (partner discount)

The workshop is a mix of lecture, group discussion, demonstration, and participation.

You'll be changing your own limiting beliefs by Saturday afternoon! The workshop includes an instruction folder that ensures you have all the information and processes - no memorization is needed or even recommended, as you'll be guided through the process step-by-step for maximum results.